

10 hours for general industries

This training program is intended to provide entry level general industry workers information about their rights, employer responsibilities, and how to file a complaint as well as how to identify, abate, avoid and prevent job related hazards on a job site. The training covers a variety of general industry safety and health hazards which a worker may encounter. Training should emphasize hazard identification, avoidance, control and prevention, not OSHA standards. Instructional time must be a minimum of 10 hours. The minimum topic requirements are as follows:

Mandatory – 7 hours

2 hours	Introduction to OSHA Covers workers' rights, employer responsibilities and how to file a complaint. It includes helpful worker safety and health resources. It also provides samples of a weekly fatality and catastrophe report, safety data sheet and the OSHA Log of Work-Related Injuries and Illnesses.
1 hour	Walking and Working Surfaces, including fall protection
1 hour	Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection
1 hour	Electrical
1 hour	Personal Protective Equipment (PPE)
1 hour	Hazard Communication

Elective 2 hours. Must present at least 2 hours of training on the following topics (At least 2 of the following topics must be presented)



1.5 hour	Hazardous Materials
1.5 hour	Materials Handling
1.5 hour	Machine Guarding
1.5 hour	Introduction to Industrial Hygiene
1.5 hour	Bloodborne Pathogens
1.5 hour	Ergonomics
1.5 hour	Fall Protection
1.5 hour	Safety and Health Programs

Optional – 1 hour. Teach other general industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is one-half hour.